



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# ACTIVE OLDER ADULTS

## September 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 <b>Labor Day</b> <b>YMCA Closed</b>	2 <b>Ping Pong (Adv.)</b> 9:30-10:30AM <b>Arts &amp; Crafts Club</b> 11:30-1:00PM	3 <b>Sing-Along with Shirley</b> 11:30-12:30PM	4 <b>Today at Apple-Taking Charge of Your Privacy on iPhone</b> 10:00-11:30AM <b>Arts &amp; Crafts Club</b> 11:30-1:00PM	5 <b>AOA Board Games</b> 12:00-1:30PM
8 <b>AOA Transportation Workshop</b> presented by Big Blue Bus 11:30-1:00PM	9 <b>Ping Pong (Adv.)</b> 9:30-10:30AM <b>Arts &amp; Crafts Club</b> 11:30-1:00PM	10 <b>AOA Board Games</b> 12:00-1:30PM	11 <b>Today at Apple-Camera Essentials on iPhone</b> 10:00-11:30AM <b>Arts &amp; Crafts Club</b> 11:30-1:00PM	12 <b>AOA Board Games</b> 12:00-1:30PM
15 <b>AOA Coffee &amp; Board Games</b> 11:30-1:00PM	16 <b>Ping Pong (Adv.)</b> 9:30-10:30AM <b>Arts &amp; Crafts Club</b> 11:30-1:00PM	17 <b>AOA Board Games</b> 12:00-1:30PM	18 <b>Ping Pong (Int.)</b> 9:30-10:30AM <b>Ping Pong (Beginner)</b> 10:30-11:30AM <b>Arts &amp; Crafts Club</b> 11:30-1:00PM	19 <b>AOA Board Games</b> 12:00-1:30PM
22 <b>AOA Coffee &amp; Board Games</b> 11:30-1:00PM	23 <b>Ping Pong (Adv.)</b> 9:30-10:30AM <b>Arts &amp; Crafts Club</b> 11:30-1:00PM	24 <b>AOA Board Games</b> 12:00-1:30PM	25 <b>Today at Apple-Accessibility Features for Vision Loss</b> 10:00-11:30AM <b>Arts &amp; Crafts Club</b> 11:30-1:00PM	26 <b>AOA Board Games</b> 12:00-1:30PM
29 <b>AOA Coffee &amp; Board Games</b> 11:30-1:00PM	30 <b>Ping Pong (Adv.)</b> 9:30-10:30AM <b>Arts &amp; Crafts Club</b> 11:30-1:00PM			

Thanks to Co-opportunity Market & Shake Shack for sponsoring our events

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