



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# ACTIVE OLDER ADULTS

## December 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 <b>Financial Workshop- Scams &amp; Fraud Prevention</b> 11:30-1:00PM	2 <b>Ping Pong (Adv.)</b> 9:30-10:30AM  <b>Arts &amp; Crafts Club</b> 9:30-10:30AM	3 <b>Sing-Along with Shirley</b> 11:30-12:30PM  <b>Mah Jongg Club</b> 11:30-12:30PM	4 <b>Ping Pong (Int.)</b> 9:30-10:30AM  <b>Ping Pong (Beginner)</b> 10:30-11:30AM	5 <b>AOA Board Games</b> 12:00-1:30PM
8 <b>AOA Coffee &amp; Board Games</b> 11:30-1:00PM	9 <b>Ping Pong (Adv.)</b> 9:30-10:30AM  <b>Arts &amp; Crafts Club</b> 9:30-10:30AM	10 <b>Mah Jongg Club</b> 11:30-12:30PM	11 <b>Ping Pong (Int.)</b> 9:30-10:30AM  <b>Ping Pong (Beginner)</b> 10:30-11:30AM	12 <b>AOA Board Games</b> 12:00-1:30PM
15 <b>AOA Coffee &amp; Board Games</b> 11:30-1:00PM	16 <b>Ping Pong (Adv.)</b> 9:30-10:30AM  <b>Arts &amp; Crafts Club</b> 9:30-10:30AM	17 <b>AOA Holiday Potluck</b> 11:30-1:00PM  <b>Mah Jongg Club</b> 11:30-12:30PM	18 <b>Ping Pong (Int.)</b> 9:30-10:30AM <b>Ping Pong (Beginner)</b> 10:30-11:30AM <b>AOA Holiday Bingo</b> 11:30-1:00PM	19 <b>AOA Board Games</b> 12:00-1:30PM
22 <b>AOA Coffee &amp; Board Games</b> 11:30-1:00PM	23 <b>Ping Pong (Adv.)</b> 9:30-10:30AM  <b>Arts &amp; Crafts Club</b> 9:30-10:30AM	24 <b>Mah Jongg Club</b> 11:30-12:30PM <b>Christmas Eve YMCA Early Closure</b>	25 <b>Christmas Day YMCA Closed</b>	26 <b>AOA Board Games</b> 12:00-1:30PM
29 <b>AOA Coffee &amp; Board Games</b> 11:30-1:00PM	30 <b>Ping Pong (Adv.)</b> 9:30-10:30AM  <b>Arts &amp; Crafts Club</b> 9:30-10:30AM	31 <b>Mah Jongg Club</b> 11:30-12:30PM <b>New Year's Eve YMCA Early Closure</b>	<b>New Year's Day YMCA Closed</b>	

\*All activities take place in the Senior Center (2nd Floor) unless otherwise noted.\* For more information, contact: Matthew Takahashi | [matthew@ymcasm.org](mailto:matthew@ymcasm.org) | 310 393-2721 ext 116