



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

As of May 3, 2021, the following are the new policies and safety protocols you can expect when you visit the Santa Monica Family YMCA:

- Members using workout areas will be limited to one 75 minute visit each day.
- Swimmers will be limited to one 45 minute visit each day.
- A reservation must be made up to **48 hours in advance** through our new [app](#), on our [website](#) or by calling Member Services at (310) 393-2721. A reservation must be made for each member of the family planning to use the facility.
- Members must self-scan upon entry. Staff will not handle cards, phones, or key tags.
- Facility usage is currently restricted to individual activities only.
- No Guest Passes, Nationwide Guests, or Children under age 15 allowed at this time.
- Members are limited to bringing personal items in a small pack/bag only. No lockers will be available.
- Members are advised to bring their own water filled bottle as water fountains are closed.
- Members must bring their own towel or stretching mat if needed. No other personal fitness equipment may be brought inside.
- Everyone who enters will have their temperature taken with a wellness screening before entering. Any individual who displays any symptoms of illness may not enter the building.
- Everyone must wear a face covering in the facility at all times, except in the pool.
- Members will be asked to sanitize their hands upon entry and encouraged to wash or sanitize their hands frequently.
- Everyone is required to maintain a safe social distance of 6 feet apart from others at all times.
- Members will be expected to wipe down any equipment they use before and after each use.
- Equipment will be spaced to maintain appropriate distance by restricting use of some pieces.
- Our Safe Keeping Crew will be constantly monitoring and cleaning all areas to maintain a safe environment for you.

Pool Protocols:

- Swimmers will wait at the front desk until their appointment and will be escorted through the pool entrance at the pool observation area in the hallway.
- Swimmers should come dressed in swimsuits and bring a small bag with towel.
- The 1st floor Boys and Women's locker rooms are available for rinsing off and changing.
- Swimmers may hang their bag/towel on a hook on the pool deck; lockers are not available.
- Swimmers will exit from the pool deck using the door that leads to the building exterior

New Limited Facility Hours:

- *Monday-Friday: 7am-7pm*
- *Saturday: 9am-5pm*
- *Sunday: Closed*

Areas Open:

- *Cardio and Strength Machines*
- *Weight Room*
- *Lap Pool, Training Pool*
- *No-touch bottle filling available for refill*
- *Restrooms (except within locker rooms)*

Areas Closed/Services Not Provided:

- *Basketball Gym and Racquetball Courts*
- *Locker Rooms*
- *Seating Areas including Senior Center and Lobby*
- *Vending Machines*
- *Jacuzzi spa*
- *Saunas and Steam Rooms*
- *Child Watch*
- *Indoor Group Exercise/Personal Training*
- *Exercise Mats – please bring your own*



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