



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# SPLASH, LEARN, GROW

## SANTA MONICA FAMILY YMCA SUMMER YOUTH SWIM LESSONS

### Summer Session Dates

Monday-Thursday – 2 Week Sessions

- I. 06/13/22-06/23/22
- II. 06/27/22-07/07/22
- III. 07/11/22-07/21/22
- IV. 07/25/22-08/04/22

Saturdays – 6 Week Session

- S. 06/25/22-07/30/22



Registration Starts Monday, May 23<sup>rd</sup> at 9am Online or In-Person

### 3-6 Preschool Program

**PS 1: Beginner: Stage 1**, introduces new swimmers to the pool and helps them acclimate to water in a fun and encouraging environment. Swimmers will focus on basic front and back stroke skills, blowing bubbles, floating, and water safety.

**PS 2: Intermediate Beginner: Stage 2**, refines swimmers front stroke skills in order to gain independence safely in the water. Swimmers will focus on front and back stroke skills, blowing bubbles, floating, and water safety.

**PS 3: Intermediate Beginner: Stage 3**, focuses on swim float swim and backstroke across our training pool. Swimmers are also introduced to elementary backstroke.

### Parent Child 6-36 months

**Stage A Water Discovery: Beginner:** Parents accompany children in this stage, which introduces infants and toddlers to the aquatic environment through exploration and encourages them to enjoy themselves while learning about the water.

**Stage B Water Exploration: Intermediate:** In this stage, parents work with their children to explore body positions, floating, blowing bubbles, and fundamental safety and aquatic skills.

### 6-13 School Age Program

**SA 1: Beginner: Stage 1**, introduces new swimmers to the pool and helps them acclimate to water in a fun and encouraging environment. Swimmers will focus on basic front and back stroke skills, blowing bubbles, floating, and water safety.

**SA 2: Intermediate Beginner: Stage 2**, refines swimmers front and backstroke skills in order to gain independence safely in the water. Swimmers will focus on swimming 10yds of front stroke and backstroke independently.

**SA 3: Intermediate: Stage 3**, introduces treading water and side breathing. In this class, swimmers learn how to swim a full length of the pool safely and independently.

**SA 4: Intermediate Advanced: Stage 4**, focuses on refining freestyle and backstroke and introduces breaststroke and butterfly kick. Students start building up endurance by swimming up to 50yds at a time and treading water for 1min.

**SA 5: Advanced Beginner: Stage 5**, focuses on refining all the strokes and introduces butterfly stroke and swim turns. Students start building up endurance by swimming up to 100yds at a time and treading water for 2min.

**Swim Crew: Elite:** Swim Crew is a class designed for those who are training for swim team. In this hour-long class, swimmers will be pushed to swim on intervals and perfect their technique.

**Prerequisite:** Must be able to swim a 200 IM and know how to perform open turns and flip turns.

PLEASE CHECK OFF THE CLASS(ES) YOU WOULD LIKE TO BE ENROLLED IN

CLASS	DAYS & TIMES	COST	1	2	3	4	S
PS 1	Mon-Thurs 4:00-4:30PM	\$90					
PS 2	Mon-Thurs 4:30-5:00PM	\$90					
PS 3	Mon-Thurs 5:00-5:30PM	\$90					
SA 1	Mon-Thurs 5:30-6:00PM	\$90					
SA 2	Mon-Thurs 4:00-4:30PM	\$90					
SA 3	Mon-Thurs 4:30-5:00PM	\$90					
SA 4	Mon-Thurs 5:00- 5:30PM	\$90					
Swim Crew	Mon-Thurs 5:30-6:30PM	\$120					
PS 1	Saturday 9:00-9:45AM	\$85					
PS 3	Saturday 9:45-10:30AM	\$85					
Parent Child Stage A	Saturday 10:45-11:15AM	\$200*					
Parent Child Stage B	Saturday 11:15-11:45AM	\$200*					
Swim Crew	Saturday 12:00-1:00PM	\$95					

\* Class free with Adult and Family Memberships

### POLICIES AND REMINDERS:

- Please note that we are unable to process swim registrations without a current active SMF YMCA membership
- Registrations can be done online.
- Payments must be made online or in person by the Membership team or by the Youth Swim Coordinator.
- No cancellations after session starts are accepted.
- No refunds or online credit will be given for cancellations after child is registered.
- Parents must communicate to the Day Camp Coordinator if they are signed up for swim lessons and summer camp.
- Please make sure your child showers, has appropriate footwear, a swim cap, and is on time for class.
- Swim caps are required for pool entry.
- Parents must stay in the facility during their child's lesson. (By the hallway observation window or in the Y lobby)
- NO PHOTOGRAPHY IS ALLOWED for the safety and privacy of our members.

By initialing this box, you understand and are agreeing to abide by the Policies and Reminders.

Parent  
Initials

### REGISTRATION INFORMATION

Today's Date: \_\_\_\_\_

MEMBERSHIP #: \_\_\_\_\_

FINANCIAL ASSISTANCE?      YES      NO

CHILD'S FIRST NAME: \_\_\_\_\_

LAST NAME: \_\_\_\_\_

CHILD'S DOB: \_\_\_/\_\_\_/\_\_\_

ADDRESS: \_\_\_\_\_ CITY: \_\_\_\_\_

ZIP: \_\_\_\_\_ PHONE: \_\_\_\_\_

PARENT/GUARDIAN: \_\_\_\_\_

EMAIL: \_\_\_\_\_

METHOD OF PAYMENT:

CHECK #: \_\_\_\_\_ NAME ON CARD: \_\_\_\_\_

TYPE OF CARD: (CIRCLE ONE)    AMEX    VISA    MASTERCARD    DISCOVER

CARD #: \_\_\_\_\_ EXP DATE: \_\_\_/\_\_\_/\_\_\_ CVV: \_\_\_\_\_ INITIALS: \_\_\_\_\_

I, the undersigned, authorize the Santa Monica Family YMCA to charge the above credit card for the cost of the program. I understand that the YMCA Swim Lessons do not offer refunds or credits for future classes. Checks should be made out to SANTA MONICA FAMILY YMCA for the appropriate amount.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_