



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

ACTIVE OLDER ADULTS

June 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Coffee and Board Games 11:30-1:00pm	4 Ping Pong (Int./Adv) 9:30-10:30am Book Club 11:30 - 1:00pm Bridge Class 1:00-4:00pm Crochet Club 5:00-6:00pm	5 Sing-A-Long 1st Wed of every month 11:30 - 12:30pm	6 Ping Pong (Beginner) 10:00-11:00am	7
10 Coffee and Board Games 11:30-1:00pm	11 Ping Pong (Int./Adv) 9:30-10:30am Bridge Class 1:00-4:00pm Crochet Club 5:00-6:00pm	12	13 Ping Pong (Beginner) 10:00-11:00am	14
17 Coffee and Board Games 11:30-1:00pm	18 Ping Pong (Int./Adv) 9:30-10:30am Book Club 11:30 - 1:00pm Bridge Class 1:00-4:00pm Crochet Club 5:00-6:00pm	19	20 Ping Pong (Beginner) 10:00-11:00am	21
24 Coffee and Board Games 11:30-1:00pm	25 Ping Pong (Int./Adv) 9:30-10:30am Bridge Class 1:00-4:00pm Crochet Club 5:00-6:00pm	26	27 Ping Pong (Beginner) 10:00-11:00am	28 Birthday Celebrations 11:30-1:30PM

All activities take place in the Dewind Room (2nd Floor) unless otherwise noted.

For more information, contact: Matthew Takahashi | matthew@ymcasm.org | 310 393-2721 ext 116

ymcasm.org