



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

ACTIVE OLDER ADULTS

December 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 AOA Coffee and Board Games 11:30-1:00pm	3 Ping Pong (Adv.) 9:30-10:30am	4 Sing-A-Long 1st Wed of every month 11:30 - 12:30pm AOA Board Games 11:30-1:00pm	5 Ping Pong (Int.) 10:00-11:00am Ping Pong (Beginner) 11:00-12:00pm	6 AOA Board Games 12:00-1:30pm
9 Learn Together Identity Theft Seminar presented by BMO 11:30-1:00pm	10 Ping Pong (Adv.) 9:30-10:30am	11 Joint Health Seminar presented by UCLA Health 11:30-1:30pm	12 Ping Pong (Int.) 10:00-11:00am Ping Pong (Beginner) 11:00-12:00pm	13 AOA Board Games 12:00-1:30pm YMCA EARLY CLOSURE 5:30PM
16 AOA Coffee and Board Games 11:30-1:00pm	17 Ping Pong (Adv.) 9:30-10:30am	18 AOA Board Games 11:30-1:00pm	19 Ping Pong (Int.) 10:00-11:00am Ping Pong (Beginner) 11:00-12:00pm AOA Holiday Potluck 11:45-1:00pm	20 AOA Board Games 12:00-1:30pm
23 AOA Coffee and Board Games 11:30-1:00pm	24 Ping Pong (Adv.) 9:30-10:30am CHRISTMAS EVE EARLY CLOSURE 2:00PM	25 CHRISTMAS DAY FACILITY CLOSED	26 Ping Pong (Int.) 10:00-11:00am Ping Pong (Beginner) 11:00-12:00pm	27 AOA Board Games & Birthday Celebrations 12:00-1:30pm
30 AOA Coffee and Board Games 11:30-1:00pm	31 Ping Pong (Adv.) 9:30-10:30am NEW YEARS EVE EARLY CLOSURE 2:00PM	1 NEW YEARS DAY FACILITY CLOSED	2	3

All activities take place in the Senior Center (2nd Floor) unless otherwise noted.

For more information, contact: Matthew Takahashi | matthew@ymcasm.org | 310 393-2721 ext 116