



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# ACTIVE OLDER ADULTS

April 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 <b>Sing-Along w/Shirley</b> 11:30-12:30PM (Studio 3)	2 <b>Ping Pong (Int.)</b> 9:30-10:30AM (Community Room) <b>Ping Pong (Beginner)</b> 10:30-11:30AM (Community Room)	3 <b>AOA Board Games</b> 12:00-1:30PM (Intergenerational Center)
6 <b>AOA Coffee &amp; Board Games</b> 11:30-1:00PM (Intergenerational Center)	7 <b>Ping Pong (Adv.)</b> 9:30-10:30AM (Community Room) <b>Arts &amp; Crafts Club</b> 11:30-1:00PM (Intergenerational Center)	8 <b>"Mobile Health Apps" Presentation</b> 11:00-12:30PM (Community Room) <b>1-on-1 Digital Coaching</b> 12:30-3:30PM (Studio 3)	9 <b>Ping Pong (Int.)</b> 9:30-10:30AM (Community Room) <b>Ping Pong (Beginner)</b> 10:30-11:30AM (Community Room)	10 <b>AOA Board Games</b> 12:00-1:30PM (Intergenerational Center)
13 <b>AOA Coffee &amp; Board Games</b> 11:30-1:00PM (Intergenerational Center)	14 <b>Ping Pong (Adv.)</b> 9:30-10:30AM (Community Room) <b>Arts &amp; Crafts Club</b> 11:30-1:00PM (Intergenerational Center)	15 <b>Mah Jongg Club</b> 11:45-1:00PM (Intergenerational Center)	16 <b>Ping Pong (Int.)</b> 9:30-10:30AM (Community Room) <b>Ping Pong (Beginner)</b> 10:30-11:30AM (Community Room)	17 <b>AOA Board Games</b> 12:00-1:30PM (Intergenerational Center)
20 <b>AOA Coffee &amp; Board Games</b> 11:30-1:00PM (Intergenerational Center)	21 <b>Ping Pong (Adv.)</b> 9:30-10:30AM (Community Room) <b>Arts &amp; Crafts Club</b> 11:30-1:00PM (Intergenerational Center)	22 <b>Mah Jongg Club</b> 11:45-1:00PM (Intergenerational Center)	23 <b>Ping Pong (Int.)</b> 9:30-10:30AM (Community Room) <b>Ping Pong (Beginner)</b> 10:30-11:30AM (Community Room)	24 <b>AOA Board Games</b> 12:00-1:30PM (Intergenerational Center)
27 <b>AOA Board Games &amp; Birthday Celebrations</b> 12:00-1:30PM (Intergenerational Center)	28 <b>Ping Pong (Adv.)</b> 9:30-10:30AM (Community Room) <b>Arts &amp; Crafts Club</b> 11:30-1:00PM (Intergenerational Center)	29 <b>AOA Board Games</b> 12:00-1:30PM (Intergenerational Center)	30 <b>Ping Pong (Int.)</b> 9:30-10:30AM (Community Room) <b>Ping Pong (Beginner)</b> 10:30-11:30AM (Community Room)	

For more information, contact: Matthew Takahashi, Active Older Adult Program Coordinator  
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