



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

ACTIVE OLDER ADULTS

August 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 AOA Coffee & Board Games 11:30-1:00PM (Intergenerational Center)	4 Ping Pong (Adv.) 9:30-10:30AM (Community Room) Santa Monica Fire Department Workshop 11:30-1:00PM (Community Room)	5 Sing-Along w/Shirley 11:30-12:30PM (Studio 3) Mah Jongg Club 11:45-1:00PM (Intergenerational Center)	6 AOA Townhall Meeting 11:30-1:00PM (Intergenerational Center)	7 AOA Board Games 12:00-1:30PM (Intergenerational Center)
10 LA Metro's On the Move Riders Program Presentation 11:30-1:00PM (Community Room)	11 Ping Pong (Adv.) 9:30-10:30AM (Community Room) "Everyday Uses of AI" Presentation 11:30-1:00PM (Studio 3) 1-on-1 Digital Coaching 1:00-4:00PM (Studio 3)	12 Mah Jongg Club 11:45-1:00PM (Intergenerational Center)	13 Ping Pong (Int.) 9:30-10:30AM (Community Room) Ping Pong (Beginner) 10:30-11:30AM (Community Room) Music Hour 11:30-12:30PM (Intergenerational Center)	14 AOA Board Games 12:00-1:30PM (Intergenerational Center)
17 Be Red Cross Ready & Hands Only CPR Presentation 11:30-1:00PM (Community Room)	18 Ping Pong (Adv.) 9:30-10:30AM (Studio 3)	19 Mah Jongg Club 11:45-1:00PM (Intergenerational Center)	20 Ping Pong (Int.) 9:30-10:30AM (Community Room) Ping Pong (Beginner) 10:30-11:30AM (Community Room)	21 AOA Board Games 12:00-1:30PM (Intergenerational Center)
24 AOA Coffee & Board Games 11:30-1:00PM (Intergenerational Center)	25 Community Resources Event w/ ZoCALO Health & Modify Health 11:30-1:00PM (YMCA Lobby) Ping Pong (Adv.) 9:30-10:30AM (Community Room)	26 Mah Jongg Club 11:45-1:00PM (Intergenerational Center)	27 Grow Your Brain Class 11:30-1:00PM (Studio 3) AOA Walking Club 11:30-1:00PM (Intergenerational Center)	28 AOA Board Games 12:00-1:30PM (Intergenerational Center)
31 AOA Board Games & Birthday Celebrations 12:00-1:30PM (Intergenerational Center)			30	

For more information, contact: Matthew Takahashi, Active Older Adult Program Coordinator
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