FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

ACTIVE OLDER ADULTS

November 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 **AOA Coffee & Board Games** 11:30-1:00PM (Intergenerational Center)	3 **Ping Pong (Adv.)** 9:30-10:30AM (Community Room)	4 **Sing-Along w/Shirley** 11:30-12:30PM (Studio 3) **Mah Jongg Club** 11:45-1:00PM (Intergenerational Center)	5 **Ping Pong (Int.)** 9:30-10:30AM (Community Room) **Ping Pong (Beginner)** 10:30-11:30AM (Community Room)	6 **AOA Board Games** 12:00-1:30PM (Intergenerational Center)
9 **AOA Coffee & Board Games** 11:30-1:00PM (Intergenerational Center)	10 **1-on-1 Digital Coaching** 10:00-4:00PM (Studio 3) **"Beating the Holiday Blues" Presentation** 11:30-12:30PM (Studio 3)	11 **Mah Jongg Club** 11:45-1:00PM (Intergenerational Center)	12 **AOA Townhall Meeting** 11:30-1:00PM (Intergenerational Center)	13 **AOA Board Games** 12:00-1:30PM (Intergenerational Center)
16 **2nd Annual Healthy Aging Fair** 11:00-1:00PM (Basketball Court)	17 **Ping Pong (Adv.)** 9:30-10:30AM (Community Room)	18 **Mah Jongg Club** 11:45-1:00PM (Intergenerational Center)	19 **Ping Pong (Int.)** 9:30-10:30AM (Community Room) **Ping Pong (Beginner)** 10:30-11:30AM (Community Room)	20 **AOA Board Games** 12:00-1:30PM (Intergenerational Center)
23 **Community Circle: A Discussion on Aging** 11:30-1:00PM (Intergenerational Center)	24 **Ping Pong (Adv.)** 9:30-10:30AM (Community Room)	25 **Mah Jongg Club** 11:45-1:00PM (Intergenerational Center)	26 **Thanksgiving Day Santa Monica Family YMCA CLOSED**	27 **AOA Board Games** 12:00-1:30PM (Intergenerational Center)
30 **AOA Coffee & Board Games** 11:30-1:00PM (Intergenerational Center)				

For more information, contact: Matthew Takahashi, Active Older Adult Program Coordinator
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